

Name: _____

Date Started: _____ Date Completed: _____ Score: _____

Learning Activity Sheet

Your Body Changes As You Grow

Directions: Do the activity below.

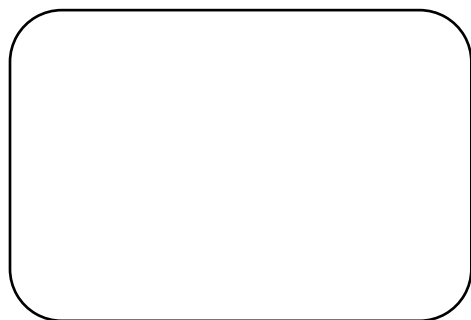
Changes in Ourselves

What To Know: What changes do you see in yourself as you grow?

What You Need: a photo of yourself when you were two years old a photo of yourself at present

What To Do:

1. Paste your pictures in the boxes below.



Me, as a two-year-old child



Me, now

2. Compare how you looked when you were two years old with how you look now.
3. Write down your observations. Answer the questions below.

What You Found Out:

1. Did you get bigger? _____
2. Did you get taller? _____
3. Did you get heavier? _____

What You Learned:

- A. As I grow, my _____, _____, and _____ change.
- B. What do you need in order to grow well?
