

Name: _____

Date Started: _____ Date Completed: _____ Score: _____

Learning Activity Sheet
Predicting the Gist of a Read or Viewed Material

A. Read each item carefully. Circle the letter of the best answer.

1. With this cover photo of the material to be viewed, what insights can you draw about its content?



- A. It would be all about the miseries of life.
 - B. It would be all about our natural resources.
 - C. It would be all about someone's triumphs in life.
 - D. It would be all about the positive and negative effects of good habits.
2. With the title *Home and Exile* by Chinua Achebe, predict the gist of the literary text.
- A. It would be all about someone's struggles and triumphs in life.
 - B. It would be all about the things that we tend to take for granted.
 - C. It would be all about someone's beautiful home and his life experiences.
 - D. It would be all about someone's longing for home and his experiences coming home, including oppressions and other struggles in life.

B. Read the following paragraphs. Briefly explain each of its gist.

Overwork can also be deadly. One report estimates that in Japan, about 10,000 people die annually from overwork, as many as those who die in automobile accidents in that country every year. This phenomenon—labeled *karoshi*, “death from overwork”—stretches far beyond Japan. Chronic overwork has been linked to obesity, alcoholism, heart disease, accidents, drug dependency, anxiety, fatigue, and many other stress-related disorders.

Folktales are stories passed on from one person to another by word of mouth. These tales were not written down but existed only in the memory of mankind. It is only now, as the tradition of oral storytelling is giving way to books and television, that such tales are being collected and written down.

Today's teenagers use many types of technological gadgets, such as computers, TV sets, smartphones, and tablets—both at school and at home. They also seem to be studying with the help of technology. Actually, the latter now sometimes takes the place that had traditionally been left to parents and teachers. On the other hand, teenagers before would just rely on the books and other references available at hand. This is even supported by numerous studies telling that their study habits are better and more definite.

The Philippines is situated along the Circum-Pacific Ring of Fire, where the processes of volcanism and plate convergence caused the deposition of minerals, both metallic and nonmetallic. In fact, the large reserves of various kinds of minerals beneath our ground have put the country in the world's mineral map as 5th mineral country in the world, 3rd in gold reserves, 4th in copper, and 5th in nickel.

Around 9 million hectares, or 30 % of the country's total land area of 30 million hectares, are believed to contain important metallic mineral deposits; while 5 million hectares are also known to be potential sites for nonmetallic mineral reserves. The country's offshore areas, which cover around 2.2 million square kilometers, also contain placer minerals, including gold, magnetite and chromite-bearing sands, aggregate resources like sand and gravel, decorative stones, and polymetallic sulphide deposits. In all, the country's estimated mineral reserves are placed at about 14.5 billion metric tons of metallic minerals and about 67.66 billion metric tons of nonmetallic minerals.
