



Name: _____

Date Started: _____ Date Finished: _____ Score: _____

Learning Activity Sheet What Affects Growth of Children

A. Write in the blank whether the food is **Go**, **Grow**, or **Glow**.

- | | |
|-----------------|--------------------|
| _____ 1. milk | _____ 6. corn |
| _____ 2. sugar | _____ 7. bread |
| _____ 3. mango | _____ 8. chicken |
| _____ 4. banana | _____ 9. cabbage |
| _____ 5. fish | _____ 10. ampalaya |

B. Answer the following questions:

1. Write some of the needs of children in order to grow healthy and strong.

2. Describe healthful surroundings.
