

Name: \_\_\_\_\_

Date Started: \_\_\_\_\_ Date Completed: \_\_\_\_\_ Score: \_\_\_\_\_

**Learning Activity Sheet**  
**Your Body Parts**

A. Fill in the blanks. Choose your answer from the words in the box.

skin	sense organs	head	trunk	lower limbs
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1. Your \_\_\_\_\_ is the topmost part of the body.
2. The eyes, ears, nose, tongue, and skin are \_\_\_\_\_.
3. The heart and the lungs are inside the \_\_\_\_\_.
4. Your whole body is covered with \_\_\_\_\_.
5. The \_\_\_\_\_ are made up of thigh, legs, and feet.

B. Which of the following activities show proper ways of taking care of our eyes, ears, nose tongue and skin? Put a check in the blanks provided.

- \_\_\_\_\_ 1. Applying skin products like lotion for dry skin.
- \_\_\_\_\_ 2. Listening to the radio and watching TV on full volume.
- \_\_\_\_\_ 3. Cleaning your tongue with your toothbrush or tongue cleaner.
- \_\_\_\_\_ 4. Using a clean cloth or handkerchief When sneezing or coughing.
- \_\_\_\_\_ 5. Eating foods such as eggs, carrots, sweet potatoes, and green leafy vegetables like spinach and kale for the eyes.